Please note: this plan is an addendum to the Pascoe Vale Uniting Church's COVIDSafe Plan.

### **Overview**

This plan accepts that the health, safety and wellbeing of our gymnasts, parents, guardians, coaches, committee and the broader community are our number one priority.

This plan has been developed referencing both national directive and the Victorian government directives along with the following document: Pascoe Vale Uniting Church's COVIDSafe Plan.

This plan will remain flexible and will be adapted as and when COVID-19 restrictions are changed in line with all relevant governing bodies.

#### **General Expectations**

Do not come to class / bring your child to class / attend our facility if:

- You, your child or anyone in your immediate family is not well. This includes any cold or flu like symptoms (runny nose, fever, cough etc). Stay home and rest up.
- Anyone you have had contact with in the past 2 weeks has been tested for or been diagnosed with COVID-19 OR
  is unwell with cold or flu like symptoms, even if you, your child or others in your immediate family are feeling
  well.
- If your child or anyone in your household has travelled overseas in the preceding 14 days.

If a child displays any signs or symptoms of COVID-19 illness the parents/guardians will be contacted and asked to collect their child as soon as possible.

If you become aware of your child being exposed to someone who is being tested for or diagnosed with COVID-19, you must immediately advise PVUGG to enable appropriate action to be taken.

### **Prior to Class**

- Arrive no more than 10 minutes prior to commencement of gymnastic class.
- Arrive ready and appropriately dressed for the gymnastic class.
- Bring a clearly labelled full drink bottle as our kitchen will be closed

# **Check-in Procedure**

- Entering will occur through the Foyer. No other entry point to the premises is to be used.
- Each member must be checked-in by a parent/guardian using the QR Code provided on site. Children (under 18 years old) require their parent/guardian to check them in.
- In the event that the QR Code is not working, members may use the paper check-in process. This is a secondary option only.
- Checking-in will include agreement items such as COVID-19 symptoms, waiting on a COVID-19 test result, travelled overseas in the last 14 days etc.
- Members will only be allowed into the Main Hall once successfully checked-in.
- Parents/guardians are not permitted to stay in the Foyer, Main Hall, Small Hall or the kitchen.
- Anyone over the age of 12 years old must be carrying a face mask.

• Sanitise at the entry point using the sanitising station provided.

## Pick-up Procedure

- Exiting will occur through the Foyer. No other exit point from the premises is to be used.
- Parent/guardian is to wait outside to pick-up children.
- Committee is to facilitate each child's departure from the Foyer to their respective parent/guardian.

### **Hygiene**

- Anyone entering the building will be required to use the alcohol based hand sanitiser provided.
- There are a number of Sanitation Stations throughout the club, gymnasts will be required to sanitise between apparatus or rotations and whenever directed by staff.
- Sharing of equipment will be reduced or removed where possible. Should equipment sharing be required, the equipment and/or individual will sanitise where possible.
- Spotting will be minimised as much as possible with coaches sanitising their hands between each gymnast to ensure their hands are clean if spotting is required.
- Disinfectant wipes will be used for cleaning of equipment.
- Cleaning of the facility will take place after end of night with detergent and disinfectant wipes (task to be completed by Church).

## **Physical Distancing Requirements**

- Members should maintain 1.5 metres between each other where possible.
- No general contact is permitted between gymnasts and coaches i.e. hugs, high fives etc.
- Density limits apply within the facility as per Victorian government guidelines.